

Protocols

www.itiprotocols.integrativeinc.com

Product & Ingredient	Dosage	Features	Reference
<p>Esberitox® echinacea 79956 – 30 tablets 79951 - 100 tablets</p> <p>Wild Indigo (<i>Baptisia tinctoria</i>) Root <i>Echinacea purpurea</i> and <i>pallida</i> Root Thuja (<i>Thuja occidentalis</i>) Leaf</p> <p><i>Esberitox®</i> is a registered trademark of Schaper & Brümmer GmbH & Co.</p>	<p>Take 3 times daily. Age specific. Age 2-5: 1 tablet Age 6-11: 2 tablets Age 12: 3 tablets Three tablets contain: 30 mg 22.5 mg 6 mg</p>	<ul style="list-style-type: none"> • Clinically studied, unique formulation with established efficacy and safety¹ • Leading immune support product in European Union over the last 80 years • Does not interfere with commonly prescribed medications • Safe for children* • Great tasting chewable • In a double blind placebo controlled clinical study, individuals using Esberitox reported feeling better more quickly than individuals not using Esberitox*² • Nutritionally supports and stimulates the immune system*³ 	<ol style="list-style-type: none"> 1. Henneicke-von Zepelin HH, et al. Efficacy and safety of a fixed combination phytomedicine in the treatment of the common cold (acute viral respiratory tract infection): results of a randomized, double blind, placebo controlled, multicentre study. <i>Curr Med Res Opin.</i> 1999;15:214-227.† 2. Freitag U, et al. Shortened duration of pertussis infection through non-specific immuno-stimulation. <i>Kinderarzt.</i> 1984;8:1068-1071.† 3. Wustenberg P, et al. Efficacy and mode of action of an immunomodulator herbal preparation containing Echinacea, wild indigo, and white cedar. <i>Advances in Natural Therapy.</i> 1999 Jan;16(1):51-70.†
<p>Super Immuno-Tone™* 78126 – 60 capsules</p> <p>Vitamin A Vitamin C Zinc Astragalus (<i>Astragalus membranaceus</i>) Root Goldenseal (<i>Hydrastis canadensis</i>) (5% total alkaloids)</p>	<p>Take 3 times daily. Each serving contains: 5,000 IU 100 mg 3 mg 150 mg 150 mg</p>	<ul style="list-style-type: none"> • Supports proper immune system function*¹⁻³ 	<ol style="list-style-type: none"> 1. Cui D, et al. High-level dietary vitamin A enhances T-helper type 2 cytokine production and secretory immunoglobulin A response to influenza virus infection in BALB/c mice. <i>J Nutr.</i> 2000 May;130(5):1132-9. 2. Hemila H. Does vitamin C alleviate the symptoms of the common cold? – a review of current evidence. <i>Scand J Infect Dis.</i> 1994;26(1):1-6. 3. Girodon F, et al. Impact of trace mineral elements and vitamin supplementation on immunity and infections in institutionalized elderly patients: a randomized controlled trial. <i>Arch Intern Med.</i> 1999 Apr 12;159(7):748-54.

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<p>EHB 166007 – 60 capsules</p> <p>Echinacea Blend: <i>E. angustifolia</i> <i>E. pallida</i> <i>E. purpurea</i> <i>E. purpurea</i> <i>E. angustifolia</i></p> <p>Licorice (<i>Glycyrrhiza glabra</i>)</p> <p>Goldenseal Blend: (<i>Hydrastis Canadensis</i>) (5% alkaloids including hydrastine & berberine)</p>	<p>Take 2 capsules three times daily. Two capsules contain: 350 mg</p> <p>100 mg 35 mg</p>	<p>Alternative option for immune system support*</p> <ul style="list-style-type: none"> Standardized echinacosides, hydrastine, and berberine for immune support*¹⁻⁴ 	<ol style="list-style-type: none"> Mishima S, et al. Antioxidant and immunoenhancing effects of Echinacea purpurea. <i>Biol Pharm Bull.</i> 2004 Jul;27(7):1004-9. Goel V, et al. Echinacea stimulates macrophage function in the lung and spleen of normal rats. <i>J Nutr Biochem.</i> 2002 Aug;13(8):487. Scazzocchio F, et al. Antibacterial activity of Hydrastis Canadensis extract and its major isolated alkaloids. <i>Planta Med.</i> 2001 Aug;67(6):561-4. Badam L. In vitro antiviral activity of indigenous glycyrrhizin, licorice and glycyrrhizic acid (Sigma) on Japanese encephalitis virus. <i>J Commun Dis.</i> 1997 Jun;29(2):91-9.
<p>ImmunoKids® 295003 - 90 capsules</p> <p>Vitamin C Calcium Zinc IP-6 (inositol hexaphosphate) Inositol Grape (<i>Vitis vinifera</i>) (31% polyphenols and 66% phosphatidylcholine) Citrus Bioflavonoids Pine (95% polyphenols) Aloe Vera POA Cat's Claw (<i>Uncaria tomentosa</i>) (1.3% pentacyclic oxindole alkaloids) Monolaurin (<i>glyceryl monolaurate</i>)</p> <p><i>ImmunoKids® is a registered trademark of Creation's Own, Inc.</i></p>	<p>Take 3 times daily. Each serving contains:</p> <p>500 mg 65 mg 10 mg 400 mg</p> <p>110 mg 83 mg</p> <p>50 mg 25 mg</p> <p>20 mg</p> <p>10 mg</p> <p>10 mg</p>	<p>Children's alternative for Super Immuno-Tone™*</p> <ul style="list-style-type: none"> Formulated by physicians Nature's support for natural immune defense*¹⁻⁶ 	<ol style="list-style-type: none"> Baten A, et al. Inositol-phosphate- induced enhancement of natural killer cell activity correlates with tumor suppression. <i>Carcinogenesis.</i> 1989;10(9):1595-8. Middleton E Jr. Effect of plant flavonoids on immune and inflammatory cell function. <i>Adv Exp Med Biol.</i> 1998;439:175-82. Rohdewald P. A review of the French maritime pine bark extract (Pycnogenol) herbal medication with a diverse clinical pharmacology. <i>Int J Clin Pharmacol Ther.</i> 2002 Apr;40(4):158-68. Zhang L, Tizard IR. Activation of a mouse macrophage cell line by acemannan: the major carbohydrate fraction from aloe vera gel. <i>Immunopharmacology.</i> 1996 Nov;35(2):119-28. Wagner H, et al. The alkaloids of Uncaria tomentosa and their phagocytosis-stimulating action. <i>Planta Med.</i> 1985 Oct(5):419-23. Clarke NM, May JT. Effect of antimicrobial factors in human milk on rhinoviruses and milk-borne cytomegalovirus in vitro. <i>J Med Microbiol.</i> 2000 Aug;49(8):719-23.

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Super Immuno-Tone™* or ImmunoKids®* <i>ImmunoKids® is a registered trademark of Creation's Own, Inc.</i>	Refer to Super Immuno-Tone* and ImmunoKids* product information from “Immune Support” protocol.		
SinuComp® 78919 – 90 tablets Blend of: Cowslip (<i>Primula veris</i>) Sour Dock (<i>Rumex acetosa</i>) European Elder (<i>Sambucus nigra</i>) European Vervain (<i>Verbena officinalis</i>) Gentian (<i>Gentiana lutea</i>)	Take 3 times daily. 156 mg	<ul style="list-style-type: none"> Supports the sinus cavities*¹ Established safety*² 	<ol style="list-style-type: none"> Chibanguza G, et al. The effectiveness and toxicity of a plant secretolytic agent and its component drugs. <i>Arzneimittelforschung</i>. 1984;34(1):32-6. Ernst E, et al. Adverse drug reactions to herbal and synthetic expectorants. <i>Int J Risk Safe Med</i>. 1995;7:219-225.
Esberitox® echinacea <i>Esberitox® is a registered trademark of Schaper & Brümmer GmbH & Co.</i>	Include if needed for sinus support associated with seasonal respiratory concerns. Refer to Esberitox product information from “Immune Support” protocol.		
Bronchoril® 72321 – 100 tablets Guaifenesin	Age specific. All regimens, take every 4 hours. Each tablet contains: 200 mg Age 6-11: ½-1 tablet every 4 hours Age 12: 1-2 tablets every 4 hours Not to exceed 6 tablets in 24 hours.	<ul style="list-style-type: none"> OTC expectorant Can be added if needed for additional sinus support Support healthy sinus function¹ 	<ol style="list-style-type: none"> Wawrose SF, et al. The role of guaifenesin in the treatment of sinonasal disease in patients infected with the human immunodeficiency virus (HIV). <i>Laryngoscope</i>. 1992 Nov;102(11):1225-8.

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Super Immuno-Tone™* or ImmunoKids®* <i>ImmunoKids® is a registered trademark of Creation's Own, Inc.</i>	Refer to Super Immuno-Tone* and ImmunoKids* product information from "Immune Support" protocol.		
Bronchoril® 72321 – 100 tablets Guaifenesin	Age specific. All regimens, take every 4 hours. Each tablet contains: 200 mg Age 6-11: ½-1 tablet every 4 hours Age 12: 1-2 tablets every 4 hours Not to exceed 6 tablets in 24 hours.	<ul style="list-style-type: none"> • OTC expectorant • Can be added if needed for additional sinus support • Support healthy sinus function¹ 	2. Wawrose SF, et al. The role of guaifenesin in the treatment of sinonasal disease in patients infected with the human immunodeficiency virus (HIV) . <i>Laryngoscope</i> . 1992 Nov;102(11):1225-8.
Ivy Calm® 78771 – 100 ml Liquid Preparation of: English Ivy Leaf Extract (27% hederacoside C)	Age specific. All regimens, take 2-6 times per day: Age 2-5: 1 tsp. (5 mL) Age 6-11: 1½ tsp. (7.5 mL) >Age 12: 2 tsp. (10 mL)	<ul style="list-style-type: none"> • Non-OTC alternative to Bronchoril® • Clinically studied • Liquid form • Safe for children* • Provides anti-spasmodic activity, supports lung and bronchial passage health*¹ 	1. Hecker M, et al. Treatment of chronic bronchitis with ivy leaf special extract – multicenter post-marketing surveillance study in 1,350 patients . <i>Forsch Komplementarmed Klass Naturheilkd</i> . 2002 Apr;9(2):77-84.†
Esberitox® echinacea <i>Esberitox® is a registered trademark of Schaper & Brümmer GmbH & Co.</i>	Include if needed for additional bronchial support associated with seasonal respiratory concerns.* Refer to Esberitox echinacea product information from "Immune Support" protocol.		

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<p>Recancostat® 400 supplement 236006 – 60 UltraCaps™ 236007 – 56g powder</p> <p>Reduced Glutathione (GSH) 10% Anthocyanins Blend: Beet Bilberry Black Currant European Elder L-Cysteine</p>	<p>Take 1 UltraCap or 1 scoop (700 mg) with water on an empty stomach, 1-3 times daily. Each serving contains:</p> <p>400 mg</p> <p>200 mg</p> <p>80 mg</p>	<ul style="list-style-type: none"> • Clinically studied • Stimulates immune system*¹⁻⁴ • Exclusive, patented ingredients • Orally bioavailable source of reduced glutathione • Registered drug in the European Union 	<ol style="list-style-type: none"> 1. Chernyshov VP, et al. Up-regulation of interferon-gamma production by reduced glutathione, anthocyanine and L-cysteine treatment in children with allergic asthma and recurrent respiratory diseases. <i>Russ J Immunol.</i> 2002 Apr;7(1):48-56.† 2. Chernyshov VP, et al. Immunological analysis of reduced glutathione, L-cysteine, and anthocyanine effects in Chernobyl children with recurrent respiratory infections and chronic inflammatory focal lesions. <i>Cent Euro J Immunol.</i> 2000;25(3):137-145.† 3. Trenti, et al. <i>Abstract, Int. Conf. AIDS.</i> Jun 1993;9:503.† 4. Kalebic, et al. Suppression of human immunodeficiency virus expression in chronically infected monocytic cells by glutathione, glutathione ester and N-acetylcysteine. <i>Proc. Natl. Acad. Sci.</i> 1991;88:986-990.†

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<p>Ivy Calm® <u>78771</u> – 100 ml</p> <p>Liquid Preparation of: English Ivy Leaf Extract (27% hederacoside C)</p>	<p>Age specific. All regimens, take 2-6 times per day: Age 2-5: 1 tsp. (5 mL) Age 6-11: 1½ tsp. (7.5 mL) >Age 12: 2 tsp. (10 mL)</p>	<ul style="list-style-type: none"> • Clinically studied • Provides anti-spasmodic activity, supports lung and bronchial passage health*¹ 	<p>1. Hofmann D, et al. Efficacy of dry extract of ivy leaves in children with bronchial asthma – a review of randomized controlled trials. <i>Phytomedicine</i>. 2003 Mar;10(2-3):213-20.†</p>

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<p>Immun'Age 56413 – 30 packets</p> <p>Fermented Papaya Preparation (FPP)</p>	<p>6-9 g one daily, for the first 2-3 days, then 3 g once daily thereafter.</p> <p>Take in between meals. Dissolve in mouth. Do not take with water. Do not eat or drink anything 5 minutes before or after.</p>	<ul style="list-style-type: none"> • Supports the body's immune defenses*¹ • Provides antioxidant support* 	<p>1. Rimbach G, et al. Nitric oxide synthesis and TNF-alpha secretion in RAW 264.7 macrophages: mode of action of a fermented papaya preparation. <i>Life Sci.</i> 2000 Jun 30;67(6):679-94.†</p>