



Protocols

Product & Ingredient	Dosage	Features	Reference
<p><b>Eskimo-3®</b> fish oil  <a href="#">72190</a> – 105 ml  <a href="#">72297</a> – 105 softgels  <b>Eskimo® PurEFA™</b>  <b>1000mg</b> fish oil  <a href="#">72622</a> - 150 softgels</p> <p>Omega-3 Fatty Acids            14-18% EPA**            8.3-11.7% DHA**            Pharmaceutical grade            High purity            Naturally stable</p> <p>**EPA=eicosapentaenoic acid            **DHA=docosahexaenoic acid</p> <p><i>Eskimo-3® is a registered trademark of Cardinova Aktiebolag.</i></p>	<p>Take up to 5 g daily with meals in the form of:</p> <ul style="list-style-type: none"> <li>– 3 original softgels (1.5 g) 3 times daily</li> <li>– 1 teaspoon liquid (5 mL)</li> <li>– 5 PurEFA softgels (5 g)</li> </ul> <p>Each daily serving contains 1.5 – 5 g fish oil and provides:            210-900 mg EPA            125-580 mg DHA</p>	<ul style="list-style-type: none"> <li>• Omega-3 fatty acids including EPA and DHA have significant impact on brain health*<sup>1</sup></li> <li>• DHA supports the development and maintenance of neural structures*<sup>1</sup></li> <li>• Supports memory &amp; cognitive function*<sup>1</sup></li> </ul>	<ol style="list-style-type: none"> <li>1. Youdim KA, et al. Essential fatty acids and the brain: possible health implications. <i>Int J Dev Neurosci.</i> 2000;18:383-99.</li> </ol>
<p><b>Recancostat® 100</b> supplement  <a href="#">236005</a> – 90  <b>UltraCaps™</b></p> <p>Reduced Glutathione (GSH)            10% Anthocyanins            Blend:            Beet            Bilberry            Black Currant            European Elder            L-Cysteine</p> <p><i>Recancostat® is a registered trademark of Gernot Treusch.</i></p>	<p>Take 1 capsule with water on an empty stomach, 1-3 times daily. Each serving contains:</p> <p>200 mg  100 mg  40 mg</p>	<ul style="list-style-type: none"> <li>• Antioxidant that detoxifies and helps eliminate free radicals*<sup>1-2</sup></li> <li>• Protects neurons from oxidative damage*<sup>1-2</sup></li> </ul>	<ol style="list-style-type: none"> <li>1. Pong K. Oxidative stress in neurodegenerative diseases: therapeutic implications for superoxide dismutase mimetics. <i>Expert Opin Biol Ther.</i> 2003;3:127-39.</li> <li>2. Jenner P. Oxidative stress in Parkinson's disease. <i>Ann Neurol.</i> 2003;53:S26-38.</li> </ol>
<p><b>Resveratrol Ultra</b>  <a href="#">75275</a> – 60 tablets</p> <p>Resveratrol</p>	<p>Take 2 capsules daily. Each capsule contains: 125 mg</p>	<ul style="list-style-type: none"> <li>• Antioxidant that has been shown to support cells by reducing oxidative stress*<sup>1</sup></li> </ul>	<ol style="list-style-type: none"> <li>1. Sun AY. et al. The "French Paradox" and beyond: neuroprotective effects of polyphenols. <i>Free Radic Biol Med.</i> 2002;32:314-8.</li> </ol>
<p><b>NAC</b>  <a href="#">226002</a> – 60 capsules</p> <p>N-Acetyl L-Cysteine (NAC)</p>	<p>Take 1 capsule once or twice daily. Each capsule contains: 600 mg</p>	<ul style="list-style-type: none"> <li>• Antioxidant that reduces oxidative stress*<sup>1-2</sup></li> <li>• Protects neurons from oxidative damage*<sup>1-2</sup></li> </ul>	<ol style="list-style-type: none"> <li>1. Pong K. Oxidative stress in neurodegenerative diseases: therapeutic implications for superoxide dismutase mimetics. <i>Expert Opin Biol Ther.</i> 2003;3:127-39.</li> <li>2. Jenner P. Oxidative stress in Parkinson's disease. <i>Ann Neurol.</i> 2003;53:S26-38.</li> </ol>

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<p><b>Ginkgo Phytosome™</b> <a href="#">78426</a> – 60 UltraCaps™ <a href="#">78422</a> – 120 UltraCaps <a href="#">78420</a> – 240 UltraCaps</p> <p>Ginkgo biloba extract bound to phosphatidylcholine for enhanced absorption and bioavailability</p>	<p>Take one UltraCap three times daily.</p> <p>Each UltraCap contains: 80 mg</p>	<ul style="list-style-type: none"> <li>For improved short-term memory &amp; mild memory problems*<sup>1</sup></li> </ul>	<p>1. Tarnopolsky M, et al. Potential for creatine and other therapies targeting cellular energy dysfunction in neurological disorders. <i>Ann Neurol.</i> 2001;49:561-74.</p>
<p><b>End Fatigue™ Daily Energy B Complex*</b> <a href="#">73243</a> – 30 UltraCaps</p> <p>B Vitamins Thiamine Riboflavin Vitamin B6 Folate Vitamin B12</p>	<p>Take one UltraCap™ daily. Each UltraCap contains:</p> <p>75 mg 75 mg 85 mg 800 mcg 500 mcg</p>	<ul style="list-style-type: none"> <li>Reduces homocysteine levels*<sup>1-2</sup></li> <li>Beneficial effects on energy metabolism*<sup>1-2</sup></li> </ul>	<p>1. Miller, et al. Effect of L-dopa on plasma homocysteine in PD patients: relationship to B-vitamin status. <i>Neurology.</i> 2003;60:1125-9. 2. Tarnopolsky M, et al. Potential for creatine and other therapies targeting cellular energy dysfunction in neurological disorders. <i>Ann Neurol.</i> 2001;49:561-74.-74.</p>
<p><b>Lipoic Acid</b> <a href="#">236004</a> – 60 UltraCaps</p> <p>Alpha Lipoic Acid</p>	<p>Take 1 or 2 UltraCaps twice daily between meals. Two UltraCap contain: 200 mg</p>	<ul style="list-style-type: none"> <li>May improve memory and mental focus*<sup>1</sup></li> </ul>	<p>1. Tarnopolsky M, et al. Potential for creatine and other therapies targeting cellular energy dysfunction in neurological disorders. <i>Ann Neurol.</i> 2001;49:561-74.</p>

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Neurological and Movement Support\*

Protocols

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Product & Ingredient	Dosage	Features	Reference
<p><b>Vitaline® CoQ10</b>  <a href="#">76183</a> – 30 chewable wafers, Maple nut flavor  <a href="#">76186</a> – 60 chewable wafers, Maple Nut flavor  <a href="#">76196</a> – 60 chewable wafers, Maple Nut flavor  <a href="#">56239</a> – 90 chewable wafers, Orange flavor  <a href="#">56229</a> – 90 chewable wafers, Cherry Vanilla flavor</p> <p>Coenzyme Q10 (CoQ10) (ubiquinone)            High Purity Natural Form</p>	<p>Take 2-3 tablets daily.</p> <p>Each tablet contains:            300 mg</p>	<ul style="list-style-type: none"> <li>• Subject of over 30 clinical trials &amp; studies, including the clinical research funded by the NIH*<sup>1-2</sup></li> <li>• Proven safe in humans at high dosage levels (3,000 mg) for individuals seeking neurological &amp; movement support*<sup>1-2</sup></li> </ul>	<ol style="list-style-type: none"> <li>1. Shults C, et al. Effects of coenzyme Q10 in early Parkinson disease: evidence of slowing of the functional decline. <i>Arch Neurol.</i> 2002;59:1541-50.†</li> <li>2. Shults C, et al. Absorption, tolerability, and effects on mitochondrial activity of oral coenzyme Q10 in parkinsonian patients. <i>Neurology.</i> 1998;50:793-795.†</li> </ol>
<p><b>Recancostat® 100</b> supplement  <a href="#">236005</a> – 90 UltraCaps™</p> <p>Reduced Glutathione (GSH)            10% Anthocyanins Blend:            Beet            Bilberry            Black Currant            European Elder            L-Cysteine</p> <p><i>Recancostat® is a registered trademark of Gernot Treusch.</i></p>	<p>Take 1 capsule with water on an empty stomach, 1-3 times daily. Each serving contains:</p> <p>200 mg</p> <p>100 mg</p> <p>40 mg</p>	<ul style="list-style-type: none"> <li>• Antioxidant that detoxifies and helps eliminate free radicals*<sup>1-2</sup></li> <li>• Blocks free-radical damage to all types of tissues and supports the body's natural process of DNA repair*<sup>1-2</sup></li> </ul>	<ol style="list-style-type: none"> <li>1. Pong K. Oxidative stress in neurodegenerative diseases: therapeutic implications for superoxide dismutase mimetics. <i>Expert Opin Biol Ther.</i> 2003;3:127-39.</li> <li>2. Jenner P. Oxidative stress in Parkinson's disease. <i>Ann Neurol.</i> 2003;53:S26-38.</li> </ol>

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<p><b>Eskimo-3®</b> fish oil  <a href="#">72190</a> – 105 ml  <a href="#">72297</a> – 105 softgels  <b>Eskimo® PurEFA™</b>  <b>1000mg</b> fish oil  <a href="#">72622</a> - 150 softgels</p> <p>Omega-3 Fatty Acids            14-18% EPA**            8.3-11.7% DHA**            Pharmaceutical grade            High purity            Naturally stable</p> <p>**EPA=eicosapentaenoic acid            **DHA=docosahexaenoic acid</p> <p><i>Eskimo-3® is a registered trademark of Cardinova Aktiebolag.</i></p>	<p>Take up to 5 g daily with meals in the form of:</p> <ul style="list-style-type: none"> <li>– 3 original softgels (1.5 g) 3 times daily</li> <li>– 1 teaspoon liquid (5 mL)</li> <li>– 5 PurEFA softgels (5 g)</li> </ul> <p>Each daily serving contains 1.5 – 5 g fish oil and provides:            210-900 mg EPA            125-580 mg DHA</p>	<ul style="list-style-type: none"> <li>• Omega-3 fatty acids including EPA and DHA have significant impact on brain health*<sup>1</sup></li> <li>• DHA supports the development and maintenance of neural structures*<sup>1</sup></li> </ul>	<p>1. Youdim KA, et al. Essential fatty acids and the brain: possible health implications. <i>Int J Dev Neurosci.</i> 2000;18:383-99.</p>
<p><b>Ginkgo Phytosome™</b>  <a href="#">78426</a> – 60  <b>UltraCaps™</b>  <a href="#">78422</a> – 120 UltraCaps  <a href="#">78420</a> – 240 UltraCaps</p> <p>Ginkgo biloba extract bound to phosphatidylcholine for enhanced absorption and bioavailability</p>	<p>Take one UltraCap three times daily. Each UltraCap contains: 80 mg</p>	<ul style="list-style-type: none"> <li>• Beneficial effects on energy metabolism*<sup>1</sup></li> </ul>	<p>1. Tarnopolsky, M, Beal MF. Potential for creatine and other therapies targeting cellular energy dysfunction in neurological disorders. <i>Ann Neurol.</i> 2001;49:561-74.</p>

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<b>Resveratrol Ultra</b> <a href="#">75275</a> – 60 UltraCaps  Resveratrol	Take 2 capsules daily. Each capsule contains: 125 mg	<ul style="list-style-type: none"> <li>Antioxidant that has been shown to support cells by reducing oxidative stress*<sup>1</sup></li> </ul>	1. Sun AY, et al. The "French Paradox" and beyond: neuroprotective effects of polyphenols. <i>Free Radic Biol Med.</i> 2002;32:314-8.
<b>Vitaline® L-Carnitine</b> <a href="#">226004</a> – 30 caplets  L-Carnitine	Take 1 caplet daily. Each caplet contains: 500 mg	<ul style="list-style-type: none"> <li>Supports healthy microcirculation and neurological health*<sup>1</sup></li> </ul>	1. Tarnopolsky M, et al. Potential for creatine and other therapies targeting cellular energy dysfunction in neurological disorders. <i>Ann Neurol.</i> 2001;49:561-74.
<b>End Fatigue™ Daily Energy B Complex*</b> <a href="#">73243</a> – 30 UltraCaps  B Vitamins Thiamine Riboflavin Vitamin B6 Folate Vitamin B12	Take one UltraCap daily. Each UltraCap contains:  75 mg 75 mg 85 mg 800 mcg 500 mcg	<ul style="list-style-type: none"> <li>Supports healthy homocysteine levels*<sup>1-2</sup></li> <li>Beneficial effects on energy metabolism*<sup>1-2</sup></li> </ul>	1. Miller, et al. Effect of L-dopa on plasma homocysteine in PD patients: relationship to B-vitamin status. <i>Neurology.</i> 2003;60:1125-9. 2. Tarnopolsky M, et al. Potential for creatine and other therapies targeting cellular energy dysfunction in neurological disorders. <i>Ann Neurol.</i> 2001;49:561-74.-74.
<b>NAC</b> <a href="#">226002</a> – 60 capsules  N-Acetyl L-Cysteine (NAC)	Take 1 capsule once or twice daily. Each capsule contains: 600 mg	<ul style="list-style-type: none"> <li>Antioxidant that reduces oxidative stress*<sup>1-2</sup></li> </ul>	1. Pong K. Oxidative stress in neurodegenerative diseases: therapeutic implications for superoxide dismutase mimetics. <i>Expert Opin Biol Ther.</i> 2003;3:127-39. 2. Jenner P. Oxidative stress in Parkinson's disease. <i>Ann Neurol.</i> 2003;53:S26-38.
<b>Lipoic Acid</b> <a href="#">236004</a> – 60 UltraCaps  Alpha Lipoic Acid	Take 1 or 2 UltraCaps twice daily between meals. Two UltraCap contain: 200 mg	<ul style="list-style-type: none"> <li>Supports neurological health, glucose metabolism, and liver function*<sup>1</sup></li> </ul>	1. Tarnopolsky M, et al. Potential for creatine and other therapies targeting cellular energy dysfunction in neurological disorders. <i>Ann Neurol.</i> 2001;49:561-74.

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<p><b>Eskimo-3® fish oil</b>  <a href="#">72190</a> – 105 ml  <a href="#">72297</a> – 105 softgels  <b>Eskimo® PurEFA™</b>  <b>1000mg</b> fish oil  <a href="#">72622</a> - 150 softgels</p> <p>Omega-3 Fatty Acids            14-18% EPA**            8.3-11.7% DHA**            Pharmaceutical grade            High purity            Naturally stable</p> <p>**EPA=eicosapentaenoic acid            **DHA=docosahexaenoic acid</p> <p><i>Eskimo-3® is a registered trademark of Cardinova Aktiebolag.</i></p>	<p>Take up to 5 g daily with meals in the form of:</p> <ul style="list-style-type: none"> <li>– 3 original softgels (1.5 g) 3 times daily</li> <li>– 1 teaspoon liquid (5 mL)</li> <li>– 5 PurEFA softgels (5 g)</li> </ul> <p>Each daily serving contains 1.5 – 5 g fish oil and provides:            210-900 mg EPA            125-580 mg DHA</p>	<ul style="list-style-type: none"> <li>• Omega-3 fatty acids including EPA and DHA have significant impact on brain health*<sup>1</sup></li> <li>• DHA supports the development and maintenance of neural structures*<sup>1</sup></li> <li>• Enhances cognitive function*<sup>1</sup></li> </ul>	<ol style="list-style-type: none"> <li>1. Youdim KA, et al. Essential fatty acids and the brain: possible health implications. <i>Int J Dev Neurosci.</i> 2000;18:383-99.</li> </ol>

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<p><b>Recancostat® 100</b> supplement <a href="#">236005</a> – 90 <i>UltraCaps™</i></p> <p>Reduced Glutathione (GSH) 10% Anthocyanins Blend: Beet Bilberry Black Currant European Elder L-Cysteine</p> <p><i>Recancostat® is a registered trademark of Gernot Treusch.</i></p>	<p>Take 1 capsule with water on an empty stomach, 1-3 times daily. Each serving contains: 200 mg</p> <p>100 mg</p> <p>40 mg</p>	<ul style="list-style-type: none"> <li>• Antioxidant that detoxifies and helps eliminate free radicals<sup>*1-2</sup></li> <li>• Blocks free-radical damage to all types of tissues and supports the body's natural process of DNA repair<sup>*1-2</sup></li> </ul>	<ol style="list-style-type: none"> <li>1. Pong K. Oxidative stress in neurodegenerative diseases: therapeutic implications for superoxide dismutase mimetics. <i>Expert Opin Biol Ther.</i> 2003;3:127-39.</li> <li>2. Jenner P. Oxidative stress in Parkinson's disease. <i>Ann Neurol.</i> 2003;53:S26-38.</li> </ol>
<p><b>End Fatigue™ Daily Energy B Complex*</b> <a href="#">73243</a> – 30 <i>UltraCaps™</i></p> <p>B Vitamins Thiamine Riboflavin Vitamin B6 Folate Vitamin B12</p>	<p>Take one UltraCap daily. Each UltraCap contains:</p> <p>75 mg 75 mg 85 mg 800 mcg 500 mcg</p>	<ul style="list-style-type: none"> <li>• Reduces levels of homocysteine levels, an amino acid inversely associated with neurological health<sup>*1-2</sup></li> <li>• Beneficial effects on energy metabolism<sup>*1-2</sup></li> </ul>	<ol style="list-style-type: none"> <li>1. Miller, et al. Effect of L-dopa on plasma homocysteine in PD patients: relationship to B-vitamin status. <i>Neurology.</i> 2003;60:1125-9.</li> <li>2. Tarnopolsky M, et al. Potential for creatine and other therapies targeting cellular energy dysfunction in neurological disorders. <i>Ann Neurol.</i> 2001;49:561-74.</li> </ol>
<p><b>Lipoic Acid</b> <a href="#">236004</a> – 60 <i>UltraCaps</i></p> <p>Alpha Lipoic Acid</p>	<p>Take 1 or 2 UltraCaps twice daily between meals. Two UltraCap contain: 200 mg</p>	<ul style="list-style-type: none"> <li>• Supports neurological health, glucose metabolism, and liver function<sup>*1</sup></li> <li>• Protects the central nervous system by decreasing free-radical induced oxidation<sup>*1</sup></li> </ul>	<ol style="list-style-type: none"> <li>1. Tarnopolsky, M, Beal MF. Potential for creatine and other therapies targeting cellular energy dysfunction in neurological disorders. <i>Ann Neurol.</i> 2001;49:561-74.</li> </ol>
<p><b>Vitaline® L-Carnitine</b> <a href="#">226004</a> – 30 caplets</p> <p>L-Carnitine</p>	<p>Take 1 caplet daily. Each caplet contains: 500 mg</p>	<ul style="list-style-type: none"> <li>• Transports fatty acids into the cell mitochondria, where they are burned for cellular energy<sup>*1</sup></li> </ul>	<ol style="list-style-type: none"> <li>1. Tarnopolsky M, et al. Potential for creatine and other therapies targeting cellular energy dysfunction in neurological disorders. <i>Ann Neurol.</i> 2001;49:561-74.</li> </ol>

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<p><b>Recancostat® 100</b> supplement  <a href="#">236005</a> – 90  <b>UltraCaps™</b></p> <p>Reduced L-glutathione            10% anthocyanins blend:            Beet            Bilberry            Black currant            European elder            L-cysteine</p> <p><i>Recancostat® is a registered trademark of Gernot Treusch.</i></p>	<p>Take 1 capsule with water on an empty stomach, 1-3 times daily. Each serving contains:</p> <p>200 mg</p> <p>100 mg</p> <p>40 mg</p>	<ul style="list-style-type: none"> <li>• Antioxidant that detoxifies and helps eliminate free radicals*<sup>1-2</sup></li> <li>• Blocks free-radical damage to all types of tissues and supports the body's natural process of DNA repair*<sup>1-2</sup></li> </ul>	<ol style="list-style-type: none"> <li>1. Pong K. Oxidative stress in neurodegenerative diseases: therapeutic implications for superoxide dismutase mimetics. <i>Expert Opin Biol Ther.</i> 2003;3:127-39.</li> <li>2. Jenner P. Oxidative stress in Parkinson's disease. <i>Ann Neurol.</i> 2003;53:S26-38.</li> </ol>
<p><b>Resveratrol Ultra</b>  <a href="#">75275</a> – 60 tablets</p> <p>Resveratrol</p>	<p>Take 2 capsules daily. Each capsule contains:            125 mg</p>	<ul style="list-style-type: none"> <li>• Antioxidant that has been shown to support cells by reducing oxidative stress*<sup>1</sup></li> </ul>	<ol style="list-style-type: none"> <li>1. Sun AY. et al. The "French Paradox" and beyond: neuroprotective effects of polyphenols. <i>Free Radic Biol Med.</i> 2002;32:314-8.</li> </ol>

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<p><b>End Fatigue™ Daily Energy B Complex*</b> <a href="#">73243</a> – 30 UltraCaps™</p> <p>B Vitamins Thiamine Riboflavin Vitamin B6 Folate Vitamin B12</p>	<p>Take one UltraCap daily. Each UltraCap contains:</p> <p>75 mg 75 mg 85 mg 800 mcg 500 mcg</p>	<ul style="list-style-type: none"> <li>Reduces homocysteine levels<sup>*1-2</sup></li> <li>Beneficial effects on energy metabolism<sup>*1-2</sup></li> </ul>	<ol style="list-style-type: none"> <li>Miller, et al. Effect of L-dopa on plasma homocysteine in PD patients: relationship to B-vitamin status. <i>Neurology</i>. 2003;60:1125-9.</li> <li>Tarnopolsky M, et al. Potential for creatine and other therapies targeting cellular energy dysfunction in neurological disorders. <i>Ann Neurol</i>. 2001;49:561-74.</li> </ol>
<p><b>Lipoic Acid</b> <a href="#">236004</a> – 60 UltraCaps™</p> <p>Alpha Lipoic Acid</p>	<p>Take 1 or 2 UltraCaps twice daily between meals. Two UltraCap contain: 200 mg</p>	<ul style="list-style-type: none"> <li>Supports neurological health, glucose metabolism, and liver function<sup>*1</sup></li> </ul>	<ol style="list-style-type: none"> <li>Tarnopolsky M, et al. Potential for creatine and other therapies targeting cellular energy dysfunction in neurological disorders. <i>Ann Neurol</i>. 2001;49:561-74.</li> </ol>
<p><b>Vitaline® L-Carnitine</b> <a href="#">226004</a> – 30 caplets</p> <p>L-Carnitine</p>	<p>Take 1 caplet daily. Each caplet contains: 500 mg</p>	<ul style="list-style-type: none"> <li>Transports fatty acids into the cell mitochondria, where they are burned for cellular energy<sup>*1</sup></li> <li>Supports healthy neuronal activity<sup>*1</sup></li> </ul>	<ol style="list-style-type: none"> <li>Tarnopolsky M, et al. Potential for creatine and other therapies targeting cellular energy dysfunction in neurological disorders. <i>Ann Neurol</i>. 2001;49:561-74.</li> </ol>

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Product & Ingredient	Dosage	Features	Reference
<b>Cyto-Redoxin™</b> <a href="#">236003</a> – 60 capsules  Selenium	Take 1 or 2 capsules twice daily between meals. Two capsules contain: 100 mcg	<ul style="list-style-type: none"> <li>Redox-coupled antioxidants that minimize oxidation and maintain antioxidants in reduced form for effective cellular protection*<sup>1</sup></li> </ul>	1. Fryer MJ. Rationale for clinical trials of selenium as an antioxidant for the treatment of the cardiomyopathy of Friedreich's ataxia. <i>Med Hypotheses</i> . 2002;58:127-32.
<b>Vitaline® L Carnitine</b> <a href="#">226004</a> – 30 caplets  L-Carnitine	Take 1 caplet daily. Each caplet contains: 500 mg	<ul style="list-style-type: none"> <li>Transports fatty acids into the cell mitochondria, where they are burned for cellular energy*<sup>1</sup></li> <li>Supports healthy neuronal activity*<sup>1</sup></li> </ul>	1. Sorbi S, et al. Double-blind, crossover, placebo-controlled clinical trial with L-acetylcarnitine in patients with degenerative cerebellar ataxia. <i>Clin Neuropharmacol</i> . 2000;23:114-8.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Neuro-muscular Support\*

Protocols

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Product & Ingredient	Dosage	Features	Reference
<p><b>Vitaline® CoQ10</b>  <a href="#">76133</a> - 30 chewable wafers, Chocolate flavor  <a href="#">76103</a> – 30 chewable wafers, Maple nut flavor  <a href="#">76113</a> – 30 chewable wafers, Orange Crème flavor  <a href="#">76123</a> – 30 chewable wafers, Tropical Fruit flavor</p> <p>Coenzyme Q10 (CoQ10) (ubiquinone)            High Purity            Natural Form</p>	<p>Take 1 wafer daily.</p> <p>Each wafer contains:            100 mg</p>	<ul style="list-style-type: none"> <li>• Subject of over 30 clinical trials &amp; studies, including the NIH clinicals*<sup>1</sup></li> <li>• Proven safe in humans at high dosage levels (3,000 mg)*<sup>1</sup></li> <li>• Enhances neuron-muscular coordination*<sup>1</sup></li> </ul>	<p>1. Folkers K, Simonsen R. Two successful double-blind trials with coenzyme Q10 (vitamin Q10) on muscular dystrophies and neurogenic atrophies. <i>Biochim Biophys Acta.</i> 1995;1271:281-6.†</p>
<p><b>Vitaline® L Carnitine</b>  <a href="#">226004</a> – 30 caplets</p> <p>L-Carnitine</p>	<p>Take 1 caplet daily.            Each caplet contains:            500 mg</p>	<ul style="list-style-type: none"> <li>• Transports fatty acids into the cell mitochondria, where they are burned for cellular energy*<sup>1</sup></li> </ul>	<p>1. Tarnopolsky M, et al. Potential for creatine and other therapies targeting cellular energy dysfunction in neurological disorders. <i>Ann Neurol.</i> 2001;49:561-74.</p>
<p><b>End Fatigue™ Daily Energy B Complex*</b>  <a href="#">73243</a> – 30 UltraCaps™</p> <p>B Vitamins            Thiamine            Riboflavin            Vitamin B6            Folate            Vitamin B12</p>	<p>Take one UltraCap daily.            Each UltraCap contains:</p> <p>75 mg            75 mg            85 mg            800 mcg            500 mcg</p>	<ul style="list-style-type: none"> <li>• Reduces homocysteine levels*<sup>1-2</sup></li> <li>• Beneficial effects on energy metabolism*<sup>1-2</sup></li> </ul>	<p>1. Miller, et al. Effect of L-dopa on plasma homocysteine in PD patients: relationship to B-vitamin status. <i>Neurology.</i> 2003;60:1125-9.</p> <p>2. Tarnopolsky M, et al. Potential for creatine and other therapies targeting cellular energy dysfunction in neurological disorders. <i>Ann Neurol.</i> 2001;49:561-74.</p>

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Protocols

Product & Ingredient	Dosage	Features	Reference
<p><b>Petadolex®</b> supplement <a href="#">74806</a> – 60 softgels</p> <p>Purple Butterbur (<i>Petasites hybridus</i>) Root Extract (15% petasins and free of pyrrolizidine alkaloids (PAs))</p>	<p>Take 1 softgel 3 times daily for the first 4 weeks. Thereafter, 1 softgel twice daily. Each softgel contains: 50 mg</p>	<ul style="list-style-type: none"> <li>Clinically shown to support healthy blood vessel tone in the brain*<sup>1-3</sup></li> <li>Patented processing ensures the extract is free from harmful pyrrolizidine alkaloids (PAs)</li> </ul>	<ol style="list-style-type: none"> <li>Grossmann W, et al. An extract of <i>Petasites hybridus</i> is effective in the prophylaxis of migraine. <i>Altern Med Rev.</i> 2001;6(3):303-10.†</li> <li>Danesch U. [Brand name] for the treatment of headache. A profile of a special butterbur extract: pharmacology, safety, and clinical aspects. <i>Townsend Letter for Doctor and Patients.</i> April, 2003. In Press.†</li> <li>Monograph. <i>Petasites hybridus.</i> <i>Altern Med Rev.</i> 2001 Apr;6(2):207-9.</li> </ol>
<p><b>Vitaline® CoQ10</b> <a href="#">76133</a> - 30 chewable wafers, Chocolate flavor <a href="#">76103</a> – 30 chewable wafers, Maple Nut flavor <a href="#">76113</a> – 30 chewable wafers, Orange Crème flavor <a href="#">76123</a> – 30 chewable wafers, Tropical Fruit flavor</p> <p>Coenzyme Q10 (CoQ10) (ubiquinone) High Purity Natural Form</p>	<p>Take 1 wafer daily.</p> <p>Each wafer contains: 100 mg</p>	<ul style="list-style-type: none"> <li>Support healthy blood vessel tone in the brain*<sup>1,2</sup></li> <li>Provides a high purity, natural form of CoQ10 in an emulsifying complex to ensure bioavailability</li> </ul>	<ol style="list-style-type: none"> <li>Rozen TD, et al. Open label trial of coenzyme Q10 as a migraine preventive. <i>Cephalalgia.</i> 2002 Mar;22(2):137-41.</li> <li>Sandor PS, et al. Efficacy of coenzyme Q10 in migraine prophylaxis: a randomized controlled trial. <i>Neurology.</i> 2005 Feb 22;64(4):713-5.</li> </ol>